

## Adoption + Foster Care Ministry

# Resources

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# Adoption and Foster Care Parenting

## Local Foster Care Resources

“Fall in Love with Foster Care.” [Fall in Love with Foster Care PDF](#)

<https://www.childwelfare.gov/topics/permanency/reunification/parents/reunification/>

Go to the website above to find many resources, one of which is the Birth and Foster Parent Partnership: A Relationship Building Guide Children’s Trust Fund Alliance (2020). This resource gives example questions for building respectful and supportive relationships between and foster parents and biological parents.

**Orphan Care Alliance (OCA):** [orphancarealliance.org](http://orphancarealliance.org)

“OCA equips Christians and connects them with opportunities to care for children and families in need. We desire to see every child have a home and know the love of a family with the Church community leading the effort. Knowing that welcoming a child into your home is not for every family, OCA provides opportunities to engage in orphan care, whether it’s adopting or advocating.”

**Foster Care Training:** See calendar to register for training to become a licensed foster care parent.

**Respite Care Training:** See calendar to register for training to become a licensed respite care provider.

**Life Coaching:** “Life Coaches are followers of Jesus who walk alongside a pre-teen or teen, typically ages 12-21, with a foster care experience. Life Coaches have the opportunity to meet young people where they are, know their story, and build relationships to show them the love of Christ and the dignity they possess as image bearers of God. (Luke 12:7)”

**Hope’s Closet:** [hopesclosetky.com](http://hopesclosetky.com)

3936 Taylorsville Road, Louisville, KY 40220

Currently serving foster children in KY and IN, children adopted from foster care, kinship placements, children under guardianship, privately adopted children, former foster youth, and DCBS "at-risk" families. Proof is required to shop (foster parent

contract, subsidy reimbursement, custody papers, etc.). All items are free. See website for store hours and shopping guidelines.

**Roo's Wish:** [www.facebook.com/rooswish](http://www.facebook.com/rooswish)

Roo's Wish collects new or like new luggage, duffle bags, stocking stuffers or new blankets for children entering foster care! Items can be dropped off at Louisville Laser. Check them out on Facebook or Instagram to see their latest project.

## Therapists and Support

### Pre-Placement

*Before opening our homes to care for vulnerable children, sometimes we first need to heal from things in our own story (e.g., childhood trauma, infertility, marriage and mental health struggles). Below you will see resources that others have found helpful in their journey.*

#### **Miscarriage, Pregnancy and Infant Loss Support Group**

Southeast Crestwood Campus  
Stillborn, Infant Loss 7:30pm- 1st Monday

#### **Bridget's Cradles**

Podcast, online group and Facebook group for infant loss support.

[www.bridgetscradles.com](http://www.bridgetscradles.com)

#### **Bloom Counseling + Wellness Studio**

Bloom Counseling + Wellness Studio provides mental health and wellness services for women, men & couples, with a specialty in preconception, pregnancy, postpartum and parenting support. Our therapists all have specialized training in maternal mental health. We also provide counseling for clients struggling with fertility issues, miscarriage, infant loss, depression, anxiety and more.

<https://bloomalouisville.com>

**Alisha Bowkey, LCSW**

Specializes in trauma-focused therapy, and is certified in treating perinatal mood disorders + infertility and loss. She also has extensive experience working with depression, anxiety and adjustment.

<https://alisha-bowker.clientsecure.me>

**Susan Kileen**

Specialized in navigating the "hard places" of childhood with an approach that is Trauma-Informed, Adoption Competent & strongly based in Attachment & TBRI (Trust-Based Relational Intervention) She is a Nationally Certified Clinical Counselor and Enneagram Practitioner with over 20 years of experience serving children, teens, and adults.

<https://www.susankjones.com>

(502) 273-0320

**Post Placement**

**Jonathan Butler**

Marriage and Family therapist, TBRI practitioner. Private pay.

(502) 305-7357

**Karen Brown**

Licensed Clinical Psychologist. Dr. Karen specializes in the treatment of children, teens, women, and families. She has particular expertise in adult and child attachment, parenting, women's issues, relational trauma, pre and post adoption services, and international consultation with orphan care communities.

[www.adoption.doctor.com](http://www.adoption.doctor.com)

(502) 509-1714

(502) 350-9042

**Susan Kileen**

Specialized in navigating the "hard places" of childhood with an approach that is Trauma-Informed, Adoption Competent & strongly based in Attachment & TBRI (Trust-Based Relational Intervention) She is a Nationally Certified Clinical Counselor and Enneagram Practitioner with over 20 years of experience serving children, teens, and adults.

<https://www.susankjones.com>

(502) 273-0320

### **Channing Palazzo**

Marriage and Family Therapist Associate. Focusing on attachment and trauma with adopted children and families.

<https://vinecounseling.org>

502-882-0463

### **Carol Lozier**

Licensed Clinical Social Worker. Specializes in working with children who have unresolved trauma or attachment. Private practice.

<https://carlolozierlcsw.com>

(502)-257-8621

## **Support Groups**

### **Adoption Support of Kentucky (ASK):**

Monthly group for pre and post-placement foster parents. ASK of Jefferson County meets:

1st Thursday of each month

6:00 - 8:00 p.m.

St. Joseph Children's Home

2823 Frankfort Ave.

Childcare available

&

3rd Thursday of each month  
6:00 - 8:00 p.m.  
Okolona Christian Church  
10801 Faithful Way  
Childcare available

## Trauma-Informed Caregiving

Contact the Adoption and Foster Care ministry about attending the Trauma-Informed Caregiving training and further resources.

### **Books:**

The Connected Child by Karyn Purvis and David Cross

The Whole Brain Child by Dr. Daniel Siegel and Dr. Tina Bryson

The A-Z of Therapeutic Parenting by Sarah Naish

[Created To Connect Study Guide](#)

## Transracial/Interracial Adoption & Foster Care

### **Be the Bridge Transracial Adoption**

Intentional cross-race parenting brings unique and heightened considerations and responsibilities in a racialized society. Be the Bridge offers white adoptive parents of children of color a clear and simplified catalog of information. Engage with this information and connect with others on similar journeys.

<https://bethebridge.com/transracial-adoption/>

### **Books:**

*The Color of Compromise* Jemar Tisby

*The Gospel in Color* Curtis Woods and Jarvis Williams

*White Awake* Daniel Hill

See for more resources on the gospel, race and social justice.

<https://www.sojournchurch.com/midtown/justice>

## Additional Resources

### **Books/Articles/Sermon**

#### **Foster/Adoption**

##### ***Books***

*Reframing Foster Care* by Jason Johnson

##### ***Articles***

“Rethinking Some Common Foster Care Concerns” by Jason Johnson

“Foster Care: Loving A Child That May Leave” by Jason Johnson

##### ***Sermons***

“Orphan Sunday”, Jamin Stinziano, Summit Church Naples

<https://subsplash.com/summitlife/media/mi/+163f1b8>

## Adoptee/Former Foster Youth Voices

### **Cameron Small**

Cam, author of “This is Why I Was Adopted”, transracially adopted and founder of Therapy Redeemed, he holds a Master’s in Counseling Psychology and is a licensed professional clinical counselor. Cam’s mental health and education services are accessible 100% online and uniquely tailored for individuals and families on the adoption and permanency spectrum.

<https://therapyredeemed.wordpress.com>

### **Angela Tucker/The Adopted Life**

The Adopted Life is a consulting firm working to amplify adoptee voices. Angela Tucker is a transracial adoptee and is the host of The Adoptee Next Door podcast and The Adopted Life three part web-series. The conversations often reveal something new about racism, religion, immigration, trauma and the many layers of unconventional families.

[www.angelatucker.com](http://www.angelatucker.com)

### **W.I.S.E Up!**

When it comes to handling questions and comments about adoption and foster care, kids need to be empowered to decide how they want to respond. **W.I.S.E. Up!** helps children and teens choose what they want to share about their story, if anything.

<https://adoptionssupport.org/w-s-e-giving-adopted-kids-simple-tools-answer-tough-questions/>

Voices to follow on social media:

Torie DiMartile- Instagram: wreckageandwonder

Isaac Etter Instagram: isaac\_etter & identity.learning

Hannah Matthews- Instagram: hannahjacksonmatthews

Amanda McKinstry- Instagram: blackgirlwhitefamily

Tori Hope Peterson- Instagram: torihopepeterson

Instagram: themomsocialworker

## **Resources for Church Ministries**

Lifeline Children's Services, "Equipped to Love."

<http://lifelinechild.org/equipped-to-love-resources/>

*Everyone Can Do Something* by Jason Johnson



## Get Help

### Training

Contact to the Adoption and Foster Care Ministry regarding the following trainings along with additional resources: Open Your Home, Become An Ally, and Trauma-Informed Caregiving.

### Community Resources

LouieConnect- is a mobile-optimized website that pulls together the services in our community that provide support for people experiencing a difficult time. It includes only those services that are free and provides all of the information needed to know what they offer, where they are located, when they are open and any requirements to receive help. [www.louieconnect.com](http://www.louieconnect.com)

### Benevolence Funds

Sojourn's Adoption + Foster Care Ministry Fund- These funds are used to make a difference in the lives of vulnerable children and struggling families. With these funds we are able to provide specialized training and tangible support to empower our adoptive and foster care community. Please contact us for more information.

[www.sojournchurch.com/adoptionfostercare](http://www.sojournchurch.com/adoptionfostercare)